



Retha Myburgh
Personal Growth Coach at The Time Factory
Shadowmatch Certified Coach
COMENSA Student
Certified Facilitator &
Inspirational Speaker

Retha’s “People Journey” started as a Registered Nurse many years ago, from where she continued her passion for people into the pharmaceutical industry for 20 years. She left the corporate environment in 2021 to start a new Journey - Life Coaching. She did her coaching accreditation through Shadowmatch and is the leading coach at The Time Factory’s coaching practice. Recently she developed “The Coach Factory” to assist aspirational coaches to grow their practice into a thriving business, creating better lives for more people. She also works closely with The Time Factory as a personal growth coach & workshop facilitator, with specific focus on Sales, Business Optimization and Change Management. Public speaking is a passion of hers and in line with her purpose to inspire people and to lead them to become the best versions of themselves. Her inspirational topics include: Finding Your purpose & Inner peace, As well as: Absolute Joy is possible.

<https://thetimefactory.biz/life-coaching/>